

Dear Parent/Carer

12<sup>th</sup> October 2018

## **Year 11 ERA Day – Friday 19<sup>th</sup> October 2018**

On Friday 19<sup>th</sup> October Year 11 will be participating in the first ERA day of the academic year. Our ERA days are unique to Montsaye and help students develop the skills of Excellence, Resilience and Aspiration. Year 11s will be undertaking a range of activities designed to build physical, mental and emotional skills and prepare them for the challenges of the months ahead as the GCSE exams approach in the summer.

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum which looks at many topics including all kinds of relationships, physical/emotional health and living in the wider world.

The aim of PSHE is to help our pupils make safe and informed decisions during their school years and beyond. Sex and Relationship Education (SRE) is an important part of the PSHE course. Some parts of SRE are compulsory - these are part of the National Curriculum for Science but parents can withdraw their children from all other parts of SRE if they wish to do so. However, we believe that the SRE information presented and discussed on the ERA day will provide invaluable tools for our students as they navigate the challenges they face from social media, different relationships and the world beyond when they leave Montsaye Academy. It is more important than ever that all young people have a place to discuss pressures, check facts and dispel myths.

As part of the ERA day we have invited in Loudmouth Productions who will be delivering a performance in the morning, followed by workshops in smaller groups. The aims of the production and workshops include having an increased empathy for people affected by abusive relationships including domestic abuse and teenage relationship abuse, an increased ability to assess risk and identify abuses of power and control in relationships as well as an increased knowledge of what local services can do to support young people.

We look forward to delivering an informative and engaging day for the Year 11 students.

If you have any queries about any aspects of the day, please do not hesitate to contact me at school.

Yours sincerely



Emma Lopes

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