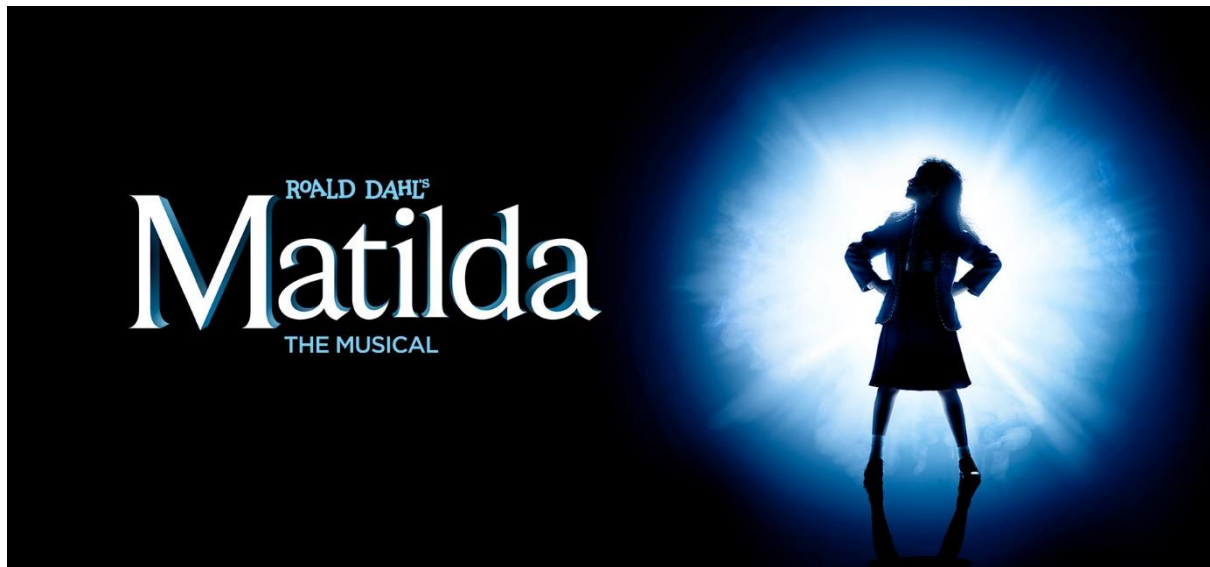


Dance

Matilda



Name: _____

Tutor Group: _____

If you have any questions or need any support with this booklet, please email Miss Malins
fmalins@montsaye.northants.sch.uk

Key Word	Definition
Contemporary Dance	A dance style known for its storytelling ability, emotions and complicated movement sequences.
Choreography	Dance movements and sequences.
Unison	Performing actions at exactly the same time as other performers.
Accuracy	Performing the movement exactly as it was taught and the same as other dancers.
Transition	A linking movement between different sections of choreography.
Stimulus	Something that inspires the creation and content of a performance.
Timing	Moving at the same time as other group members and the beat of the music.

Video link to the performance of "The revolt" which features in Matilda: <https://www.youtube.com/watch?v=MDIQe1a04ZI>

Matilda research challenge:

1. What emotions do the performers demonstrate?
2. What gestures are used to represent the key words in the lyrics
3. What is a motif?
4. What is the role of a Choreographer?

Alignment

Balance

Control

Co-ordination

Extension

Flexibility

Isolation

Mobility

Posture

Stamina

A steady or held position achieved by an even distribution of weight.

The ability to start and stop movement, change direction and hold a shape efficiently

Effectively using more than one body part.

Lengthening one or more muscles or limbs.

The range of movement at a joint.

An independent movement of part of the body.

The range of movement at a joint. The ability to move fluently from one movement to the next.

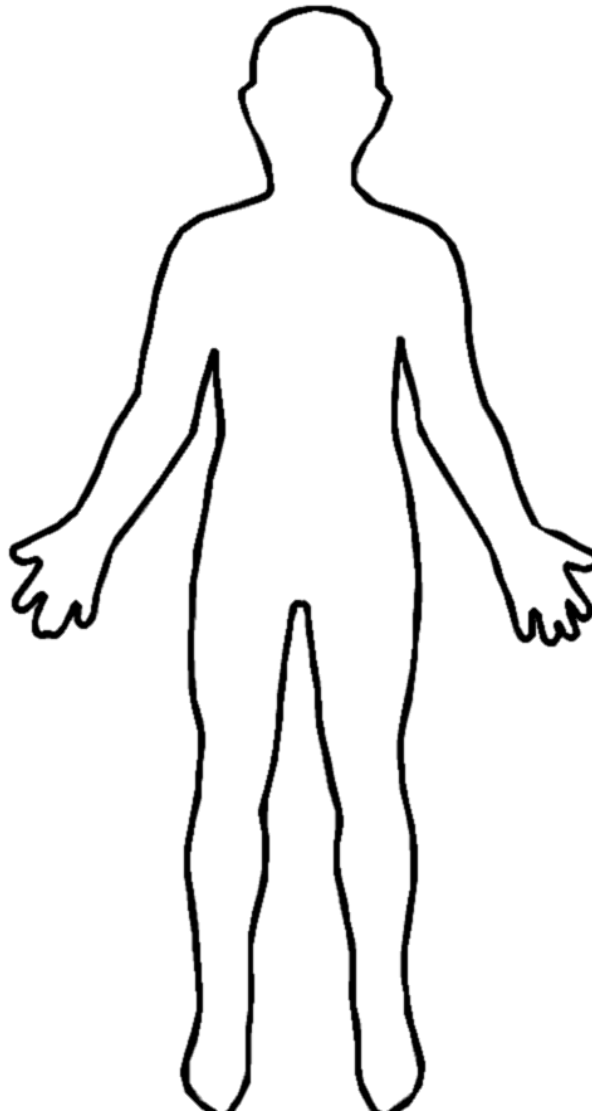
The way the body is held.

Ability to maintain physical and mental energy over periods of time.

Poster Activity: The show *Matilda* are looking for a new performer to join the show. Create a poster advertising the audition. Include the skills required to successfully perform this dance.

Challenge Plus: Include examples from the work.

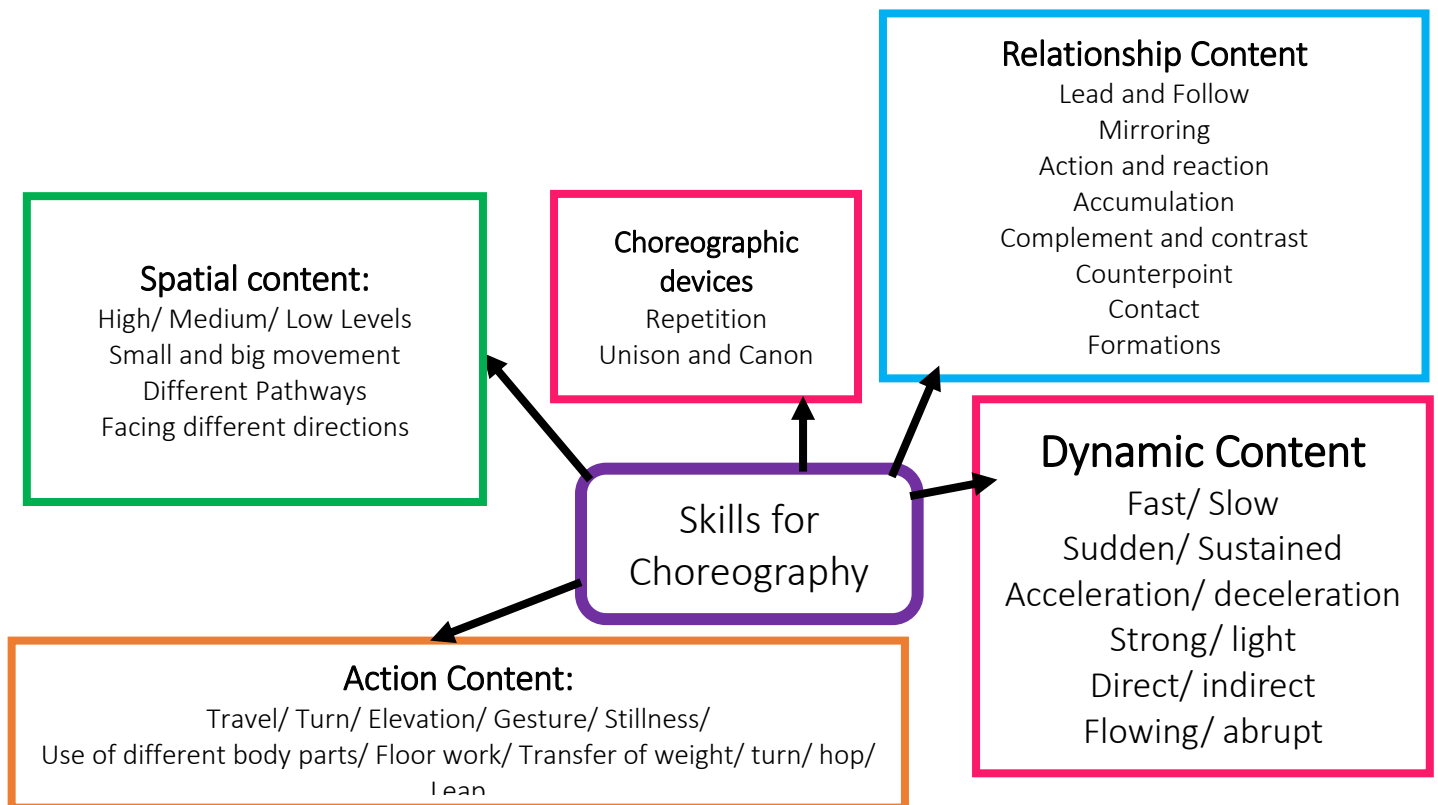
Costume Activity: Draw and annotate the costume from *Matilda*



Extension: How did the performance shown in the revolt video interact with props to convey their message.

Choreography Challenge: You will be planning your own dance motif inspired by Matilda.

Choreography Key Terms:



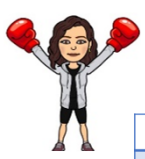

Task: Complete the timeline on the next page with your own motif (*describe or sketch it*). Remember to annotate your timeline using your choreography key terms.

Choreography timeline

What formation have you decided to use to perform motif in?
(Describe or sketch it below)

Why have you decided on this formation?

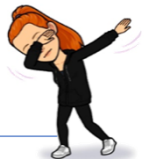
If you would like to take part in extra-curricular activities within the PE department – please see our timetable of activities below.

Extra Curricular PE - 2022

Wednesday lunchtime – Boys Dance Company

Afterschool clubs 3pm – 4pm.



Monday	Tuesday	Wednesday	Thursday	Friday
All year groups Netball club Mrs Hodges	Y10 – Y13 Basketball club Mr Wing Fortnightly	Y7, Y8 and Y9 Football club Mr Levett and Mr Jordan	Girls football club All years Miss Lauder	Y9 – 13 MDC Mrs George
Y7 and 8 + Sixth form Fitness suite Sports centre staff	Y9 - Y13 Fitness suite Sports centre staff	Y7-9 Basketball Miss Lauder	Y7 – Y11 Coached gym Mr Siddons	Free swim session Pool time: 3pm – 3.35pm Year 7 and 8
Y7 – 11 Musical rehearsals (dance) Mrs George	Y10 – 13 Dance rehearsal Space Dance Studio Mrs George	Y7 – 11 Dance club Dance studio Mrs George	All years Dodgeball Club (Old gym) Mr Garner	Sixth Form Fitness Suite Sports Centre Staff
		Learn to Swim Lessons Please speak to Mr Wing to sign up 2.50 – 3.40 Sports centre Staff	All Years Badminton club Mr Beet	

