Year 11 Sports Studies Term 4

Over the last year you have been completing your coursework across a range of units.

All R052 and R056 work should be submitted to your class teacher as soon as possible. You can continue to work on these outside of lesson time – for example during catch up sessions on Monday and Tuesday after school.

You are currently working on R053 learning objectives in your lessons but you can continue to work on these outside of lesson time – for example during support sessions on Monday and Tuesday after school.

Below are the grading criteria provided by the exam board. For each piece of work consider where you believe your work would fit for each learning objective. The words in **bold** give an indication of how much detail you need to provide for each grade.

R052: Developing sports skills

LO4: Be able to apply practice methods to support improvement in a sporting activity				
MB1: 1 – 6 marks	MB2: 7 – 11 marks	MB3: 12 – 15 marks		
The review of their performance is basic .	The review of their performance is detailed in some aspects.	The review of their performance is detailed in most aspects.		
The application of practice methods is basic and addresses few of the areas and skills where improvement is needed.	The application of practice methods is simple and addresses many of the areas and skills where improvement is needed.	The application of practice methods is considered and addresses most of the areas and skills where improvement is needed.		
Understanding of how to measure improvement is limited .	Understanding of how to measure improvement is detailed .	Understanding of how to measure improvement is comprehensive .		

R052: Sports Leadership

Marking criteria grid

LO1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership			
MB1: 1 – 4 marks	MB2: 5 – 7 marks	MB3: 8 – 9 marks	
Outlines a range of different sports leadership roles and responsibilities associated with them.	Describes a range of sport leadership roles and related responsibilities.	Describes a wide range of sports leadership roles and related responsibilities.	
Identifies the styles and personal qualities which relate to leadership roles in sport.	Makes links between different roles and the personal qualities and leadership styles of those who undertake them with some accuracy.	Makes clear and accurate links between different roles and the personal qualities and leadership styles of those who undertake them.	
LO2: Be able to plan a sports activity session			
MB1: 1 – 4 marks	MB2: 5 – 7 marks	MB3: 8 – 10 marks	
Produces a basic session plan which demonstrates limited consideration of the key requirements for an effective and safe sporting activity session.	Produces an effective session plan which demonstrates appropriate consideration of the key requirements for an effective and safe sporting activity session.	Produces a detailed and comprehensive session plan which demonstrates thorough consideration of the key requirements for an effective and safe sporting activity session.	
Requires some prompting from the teacher in producing the session plan.	Little prompting from the teacher is required in producing the session plan.	The session plan is produced independently.	
Draws upon limited skills/knowledge/understanding from other units in the specification.	Draws upon some relevant skills/knowledge/ understanding from other units in the specification.	Clearly draws upon relevant skills/knowledge/ understanding from other units in the specification.	
MB1: 1 – 3 marks	MB2: 4 – 6 marks	MB3: 7 – 8 marks	
Shows a limited awareness of safety considerations. Some teacher support may be required in planning and setting up a suitable risk assessment.	Shows some understanding of safety considerations, requiring little teacher support in planning and setting up a suitable risk assessment.	Shows well developed understanding of safety considerations, planning and setting up a suitable risk assessment independently.	
Corrective action of risks is basic .	Corrective action of risks is effective .	Corrective action of risks is considered and effective .	
Provides a brief outline of emergency procedures related to the facility and equipment to be used in the session.	Provides a clear description of emergency procedures related to the facility and equipment to be used in the session.	Provides a thorough explanation of emergency procedures related to the facility and equipment to be used in the session.	

Year 11 Sports Studies Term 4

LO4: Be able to evaluate own performance in delivering a sports activity session			
MB1: 1 – 6 marks	MB2: 7 – 11 marks	MB3: 12 – 15 marks	
Evaluation of the session is brief .	Evaluation of the session is detailed.	Evaluation of the session is comprehensive.	
Some basic positives and/or negatives are identified.	Both positive and negative aspects are identified.	Most positive and most negative aspects are identified.	
Consideration of the plan for the session, how it was delivered and its overall success is minimal.	Some consideration is given to the plan for the session and how it was delivered in evaluating its overall success.	The plan for the session and how it was delivered are fully considered in evaluating its overall success.	
Ideas for improvement are limited.	Ideas for improvement are clear and relevant to the aspects identified.	Ideas for improvement are insightful and address specific aspects of planning and delivery which have been identified.	

R056: developing skills in outdoor and adventurous activities.

Marking criteria guidance

LO1: Know about different types of outdoor activities and their provision			
MB1: 1 – 3 marks	MB2: 4 – 6 marks	MB3: 7 – 9 marks	
Definition of outdoor activities is limited .	Definition of outdoor activities is accurate with some detail.	Definition of outdoor activities is accurate and detailed.	
Some different outdoor activities are briefly described with a few examples given.	A range of outdoor activities are described in detail with mostly relevant examples given for each.	A wide range of outdoor activities are described in detail with clear and relevant examples given for each.	
Outlines the provision of outdoor activities in the UK using few examples.	Describes the provision of outdoor activities in the UK using a range of examples.	Comprehensively describes the provision of outdoor activities in the UK using a wide range of examples.	
LO2: Understand the value of participating in outdoor activities			
MB1: 1 – 3 marks	MB2: 4 – 6 marks	MB3: 7 – 9 marks	
Outlines a few of the general benefits of participating in outdoor activities. Identifies some of the skills which can be developed by participating in outdoor activities. Outlines how a few of these skills are developed, providing limited reasons as to why they are of value to the individual.	Describes some of the general benefits of participating in outdoor activities in some detail. Describes most of the skills which can be developed by participating in outdoor activities and how they are developed, providing a range of reasons as to why they are of value to the individual.	Describes most of the general benefits of participating in outdoor activities in detail. Explains most of the skills which can be developed by participating in outdoor activities and how they are developed, providing a wide range of reasons as to why they are of value to the individual.	
LO3: Be able to plan an outdoor activity			
MB1: 1 – 4 marks	MB2: 5 – 8 marks	MB3: 9 - 12 marks	
Produces a basic plan which considers limited requirements for an effective and safe outdoor activity session with some prompting from the teacher.	Produces an appropriate and detailed plan which considers many of the requirements for an effective and safe outdoor activity session with little prompting from the teacher.	Produces an appropriate and comprehensive plan which covers most of the requirements for an effective and safe outdoor activity session independently.	
Draws upon limited skills/knowledge/understanding from other units in the specification.	Draws upon some relevant skills/knowledge/ understanding from other units in the specification.	Clearly draws upon relevant skills/knowledge/ understanding from other units in the specification.	

MB1: 1 – 3 marks	MB2: 4 – 6 marks	MB3: 7 – 9 marks	
Shows a limited awareness of safety considerations and emergency procedures related to the activity and equipment to be used. Gives little consideration to the environment the activity will take place in and the personnel used.	Shows some understanding of safety considerations, and emergency procedures related to the activity and equipment to be used. Gives some consideration to the environment the activity will take place in and the personnel used.	Shows well developed understanding of safety considerations, and emergency procedures related to the activity and the equipment to be used. Gives clear and appropriate consideration to the environment the activity will take place in and the personnel used.	
LO4: Be able to demonstrate knowledge and skills during outdoor activities			
MB1: 1 – 4 marks	MB2: 5 – 8 marks	MB3: 9 – 12 marks	
Demonstrates a limited range of relevant skills and knowledge during outdoor activities.	Demonstrates a range of relevant skills and knowledge during outdoor activities.	Confidently demonstrates a wide range of well developed , relevant skills and knowledge during outdoor activities.	
MB1: 1 – 3 marks	MB2: 4 – 6 marks	MB3: 7 – 9 marks	
Cares for and uses equipment in a limited manner and needs some prompting from the activity leader to follow safe practice.	Cares for and uses equipment in a competent manner and needs little prompting from the activity leader to follow safe practice.	Cares for and uses equipment in an effective manner and follows safe practice independently.	