#### <u>Sports Studies Booklet – Term 1</u>

## <u>Task 1:</u>

Research 5 different drills and activities which you could include within your Football/rugby coaching session.

## Task 2: (to be completed at the end of a topic - your teacher will inform you of the date.)

Complete a detailed risk assessment for your chosen coaching activity (Football or Rugby). You must use the risk assessment template below to do this. <u>This is due on 28<sup>th</sup> September.</u>

## <u>Task 3</u>

Update your practical performance activity log (update via Microsoft Teams class and save in student folder).







## R185 Set Assignment – Template for Task 3: Risk assessment

# RISK ASSESSMENT – TASK 3

STUDENT NAME:									
SPORTING ENVIRONMENT:		(e.g. sports hall)				Date completed:			
Had some tutor support			Had little tutor support				Produced independently		
<b>STEP 1 – HAZARDS</b> Identify significant hazards below	<b>STEP 2</b> State the severity of the hazard (high, low, medium)		STEP 3 – RESIDUAL RISK RATING State the probability of the hazard occurring (high, low, medium)	<b>STEP 4</b> List the people who are at risk from the hazards you have identified		he	<b>STEP 5 – EXISTING CONTROL MEASURES</b> List what could be done to reduce the risks. Note any action that you think is needed		