

# Wellbeing at Montsaye Sixth Form

- \* A welcoming and supportive environment
- \* Strong Pastoral support from Sixth Form team and Tutors
- \* Free gym membership
- \* SEND Support
- \* In-school counselling service
- \* Sixth Form Kitchen for refreshments
- \* Student Voice activities
- \* PSHE and ERA day focus on Health, Wellbeing and Relationships
- \* Signposting to external support services

