

Thought for the week PSHE: Vaping and the dangers

Introduction



Smartphone Generation Starter: Why do you think vaping can be appealing to the so-called 'smartphone generation' (under 20s)



Devices have developed over the years But what is in these devices and are they harmful? Watch the video on the next slide to find out more.

https://www.youtube.com/watch?v=9dZS_Rniak0



Water Vapor? Can you remember what is in a vape?

- <u>Aerosols</u>
- Alcohol
- Solvents
- propylene glycol and glycerin
- metallic particles
- chromium, cadmium and lead.
- Nicotine

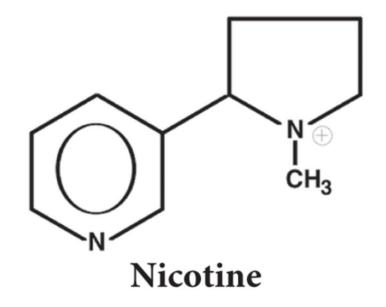


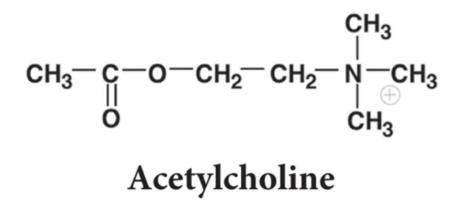
What are the dangers of Nicotine Addiction, especially in children and teenagers?

FDA commissioner, "Nicotine addiction ... is a paediatric disease."

Nicotine

Nicotinic AChR







Conclusion: what are the risks to you? • Aerosols depression

- Anxiety
- Addictions
- Mental health
- Epigenetic changes
- Heritable changes
- Asthma
- Exclusion from school
- Future generations
- Experimentation





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Vapes are banned in school for very good reasons and will not be tolerated. If you poss<u>ess them, share them or give/sell to others it will be dealt with v</u>ery seriously. Think carefully and stay away from Vapes.

BARENTS OF CONTROLS OF CONTRO



- Find advice here for all forms of tobacco addiction
- https://www.relate.org.uk/ relationship-help/helpfamily-life-andparenting/parentingteenagers/alcohol-anddrugs/help-your-teenagerquit-smoking

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