

## Sports Studies Plan 1.

Week	Revision plan for half term	Resources
1 (13 <sup>th</sup> February to 17 <sup>th</sup> February	<p><b>Sports Session Risk Assessment</b></p> <p>You need to complete your risk assessment of the venue you will be using for your sports session.</p> <p><b>Step 1:</b> Identify as many hazards in your venue as you can think of. E.g. Wet floor, Jewellery. <b>8 needed</b></p> <p><b>Step 2:</b> How severe could the injury be if one was to occur from the hazard you have identified? E.g. How severe could an injury be if someone slipped on a wet floor.</p> <p><b>Step 3:</b> What is the likelihood/probability that an injury will occur from the hazard you have identified? E.g. What are the chances of someone slipping on the wet floor?</p> <p><b>Step 4:</b> Who is affected by the wet floor? Could be participants or coaches.</p> <p><b>Step 5:</b> What are you going to do to reduce the chance of an injury occurring from that hazard? E.g. I will inspect the floor before the session and ensure there is no sitting water. If there is, I will ensure that it is mopped up by the sports centre staff before my session starts. <b>This must be detailed.</b></p>	<p><a href="#">Risk Assessment Example.docx</a></p> <p><a href="#">Knowledge Organiser.pptx</a></p> <p><a href="#">R053 - LO2 - Risk Assessment - Helpsheet.odt</a></p>