Montsaye Community Sports Centre:Swimming Pool Timetable – Term Time

**Montsaye Community Sports Centre**

**Swimming Pool Timetable**

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| 3.00pm-3.45pm  50+ Swim | **3.00pm-3.45pm**  50+ Swim |  | **3.00pm-3.45pm**  50+ Swim |  | **08.00am – 8.45am**  Adult/Lane Swim | **08.00am – 8.45am**  Adult/Lane Swim |
| 4.00pm-6.30pm  Swim School | **4.00pm-6.00pm**  Swim School | **4.00pm-6.30pm**  Swim School | **4.00pm-6.30pm**  Swim School | **4.00pm-6.30pm**  Swim School | **9.00am-12.30pm**  Swim School | **9.00am-11.30am**  Swim School |
| 6.30pm-8.00pm  General Swim | **6.00pm-7.00pm**  General Swim | **6.30pm-7.10pm**  General Swim | **6.30pm-7.30pm**  General Swimming | **6.30pm-8.00pm**  General Swim | **12.30pm-2.15pm**  General Swim | **11.30am-2.15pm**  General Swim  (Part of pool closed for infant swimming lessons)  (12.30pm-2.30pm) |
| 8.00pm-9.15pm  Adult/Lane Swim | **7.05pm – 7.50pm**  Aqua Aerobics | **7.15pm-9.15pm**  Private Hire | **7.30pm - 8.15pm**  Ladies Only | **8.00pm-9.00pm**  Adult/Lane Swim | **2.30pm-3.30pm**  Private Party Hire | **2.30pm-3.30pm**  Private Party Hire |
|  | **8.00pm-9.15pm**  Adult/Lane Swim |  | **8.15pm-9.15pm**  Adult/Lane Swim |  | **3.30pm-4.30pm**  Fun & Floats | **3.30pm-4.30pm**  Fun & Floats |

These times and activities are subject to change, please contact the Reception on 01536 713708 to confirm the pool programme and for further details on the activities we provide.

Under 8s Swimming policy: 1 adult can supervise up to 2 children under the age of 8 years, providing weak and non-swimmers wear an approved flotation device and stay within the Non Swimmer Line.