

ERA Learner in PE

	Acquiring Y11 Grade 3 (current P)	Developing Y11 grade 4 (current grade 1-)	Securing Y11 grade 5 (current grade 1+)	Consolidating Y11 grade 6 (2+)	Extending (5) Y11 grade 7 (current grade 3+)
Basketball	<p>Very little accuracy of skills.</p> <ul style="list-style-type: none"> -can attempt to dribble but not under control at hip height using finger tips. -is unable to get near to the rim when shooting and passing is only occasionally successful. -demonstrates poor understanding of the double dribble and travelling rules. 	<p>-Very little accuracy of skills</p> <ul style="list-style-type: none"> -Can use their strong hand to dribble the basketball (walking) -Inaccuracies when shooting and passing only sometimes successful. -Little understanding of the rules of the game 	<p>-Less than 40% accuracy of skills</p> <ul style="list-style-type: none"> -Can dribble the ball with strong hand using finger tips, under control in a practice situation -Can pass the ball using a chest pass over a short distance. Some inaccuracies when bounce passing. Can demonstrate a pivot in a practice situation. -Attempts to shoot in isolated situations with little success or application of correct technique -Very basic understanding of rules 	<p>-Less than 50% accuracy of skills</p> <ul style="list-style-type: none"> -Can dribble the ball with strong hand using finger tips, under control in a practice situation -Can pass the ball using a chest pass and bounce pass over a short distance. -Can demonstrate a pivot in a pressurised practice situation. -Attempts to shoot in isolated situations with some success using part of the BEEF technique. -Basic understanding of rules 	<p>-50% skill accuracy</p> <ul style="list-style-type: none"> -Can dribble the ball with both hands under control in a practice situation. Can attempt to use a pivot in a game situation. -Can pass the ball using a chest, bounce and Javelin/Overhead pass with some accuracy -Attempts to shoot in competitive situations with little success some application of technique -Understands the basic principles and rules of the game. -Can apply man to man marking (team)
Netball	<ul style="list-style-type: none"> -I sometime try to make a pass to a static player but lack accuracy and power. I find it difficult to understand the footwork rule and can sometimes explain it. 	<p>I can make a pass to a static player over a short distance and am able to catch a ball thrown to me in a practice situation.</p> <ul style="list-style-type: none"> -I know the footwork rule but find it difficult to put into practice even in a non-competitive situation. 	<ul style="list-style-type: none"> -I can sometimes make a pass to a static player anywhere in the same third. -I am able to get into space to catch the ball on some occasions but I am not running into the space. -My opponent is often able to get the pass intended for me because I have stopped moving. My passes to other players may get intercepted because I have not used enough power. My footwork can let me down at times. I am not sure where I am able to go in my position. 	<p>I can make a pass to a static players anywhere in the same third.</p> <p>I can run into space to catch the ball some of the time. My opponent is sometimes able to get the pass intended for me because I have stopped moving. My passes to other players may get intercepted because I have not passed into the space. My footwork can let me down at times. I can mainly apply the rules around my position in a game.</p>	<p>I am able to get into space to catch the ball on some occasions by turning my hips and running into the space. My opponent rarely intercepts the ball because I continue to move onto the pass. I usually pass into the space. My footwork is usually good but can let me down at times if I am under pressure. I understand my position boundaries for my position.</p>
Football	<ul style="list-style-type: none"> -Is uncoordinated when try to make contact with the ball using their feet but tries their best. -Can move the ball forwards to dribble but with very little control. -is able to kick the ball using incorrect technique towards an intended target / goal sometimes. -Little understanding of rules. 	<p>-Very little accuracy of skills</p> <ul style="list-style-type: none"> -Can use their strong foot to move the football (walking dribbling) -Uses the toe punt when shooting or passing the ball -Inaccuracies when shooting and passing -Little understanding of the rules of the game 	<p>-Less than 50% accuracy of skills</p> <ul style="list-style-type: none"> -Can dribble the ball with strong foot under control in a practice situation -Can pass the ball with the inside of the foot using the strong foot over a short distance -Some inaccuracies when controlling the ball on the floor -Shooting is inaccurate and lacks power 	<p>-50% accuracy of skills</p> <ul style="list-style-type: none"> -Can dribble the ball with strong foot under control in competitive practice situation -Can pass the ball with the inside of the foot using the strong foot over a short distance confidently -Some inaccuracies when controlling the ball on the floor -Shooting is inaccurate -Attempts to use the laces when shooting 	<p>-60% skill accuracy</p> <ul style="list-style-type: none"> -Can dribble the ball with both feet under control in a practice situation -Can pass the ball using the inside of the foot using their strong foot with some accuracy confidently -Can control the ball on the floor with some success -Start to use the laces when shooting with some accuracy

Rugby	<p>-Can pick the ball up whilst stationary.</p> <p>-Can carry the ball.</p> <p>-I can pass off one side over a short distance.</p> <p>-I am able to sometimes catch the ball whilst stationary.</p> <p>-I know I should only pass back/sideward.</p> <p>-I place the ball on the floor over the try line.</p>	<p>Can pick the ball up whilst stationary.</p> <p>-Can carry the ball securely.</p> <p>-I can pass using correct technique off one side over a short distance.</p> <p>-I am able to catch the ball whilst stationary.</p> <p>-I know I should run forwards into space but only pass back/sideward.</p> <p>-I place the ball on the floor over the try line.</p>	<p>- I can pick the ball up whilst stationary and on the move.</p> <p>-I can carry the ball correctly.</p> <p>-I understand that I must pass backwards in a game of touch or full rugby.</p> <p>-I can pass off both sides using correct technique over a short distance.</p> <p>-I am able to catch the ball while moving.</p> <p>-I run forwards and attempt to pass back/sideward.</p> <p>-I abide to the offside rule some of the time.</p>	<p>-I usually pass the ball back/sideward and stay in an onside position when receiving.</p> <p>-Most of the time I can pass off one side whilst running and sometimes off the other over a short distance.</p> <p>-I can use tactics to create space when running/receiving.</p> <p>-I can demonstrate tackling techniques using the tower of power, socket to pocket/cheek to cheek and the ring of steal in practise.</p> <p>-I understand the importance of going to ground with the ball secure and placing the ball.</p> <p>-I change of pace/direction to beat players.</p>	<p>I consistently pass backwards/flat on both sides accurately over a short distance with success most of the time over medium distances on one side.</p> <p>-I am able to catch the ball while moving at speed and know when to run into space or when to go into contact.</p> <p>- I am always aware and try to stay in an onside position.</p> <p>-I am able to demonstrate good tackling from the front/side, using the tower of power, socket to pocket/cheek to cheek and the ring of steal.</p> <p>-I have good presentation when tackled/ rucking. I understand different roles in a ruck.</p>
Leadership	<p>Is able to work with a partner to deliver 1 part of the warm up each.</p> <p>Can communicate well with some students within the class. Is able to support others during group activities eg. Verbal and visual guidance.</p> <p>Can sometimes encourage others to be more resilient.</p>	<p>Is able to effectively deliver a 2 part warm up to a partner and can describe sports specific warm up activities.</p> <p>Can communicate well with most students within the class. Is able to support others during group activities eg. Verbal and visual feedback, leading demonstrations, encouraging and supporting other to be more resilient.</p>	<p>Is able to deliver a 2 part warm up effectively to a small group of peers.</p> <p>Can communicate effectively with almost all students within the class. Is able to support others during group activities eg. Verbal and visual feedback, leading demonstrations, encouraging and supporting other to be more resilient.</p> <p>Can reflect on what makes a good leader.</p>	<p>Is able to confidently deliver a 3 part warm up effectively to a group or peers.</p> <p>Can communicate effectively with almost all students within the class.</p> <p>Is able to confidently support others during group activities eg. Verbal and visual feedback, leading demonstrations, encouraging and supporting other to be more resilient.</p> <p>Can identify strengths and weaknesses in another leadership</p>	<p>Is able to confidently deliver a 3 part warm up effectively to 6+ peers.</p> <p>Can communicate effectively with all students who are engaged within the class, supporting them and clearly increases the whole teams motivation, resilience and performance.</p> <p>Can identify strengths and weaknesses in their own leadership.</p>
Problem solving	<p>Is able to observe a situation, identify a specific problem however may struggle to identify a solution.</p> <p>Is able to sometimes organise their own thoughts and ideas to develop possible strategies to outwit and opponent or to solve a posed problem.</p> <p>Is sometimes able to create or their own unique sequence of accurate movements in time to music or other performers.</p>	<p>Is able to observe a situation, identify a specific problem and sometimes a possible solution.</p> <p>Is able to organise their own thoughts and ideas to develop possible strategies to outwit and opponent or to solve a posed problem.</p> <p>Is often able to create or their own unique sequence of accurate movements in time to music or other performers.</p>	<p>Is able to observe a complex situation or skill, identify a specific area for improvement or problem and sometimes suggest possible solutions to peers and the whole class.</p> <p>Is sometimes able to organise their own thoughts and ideas to develop more advanced strategies and tactics to outwit and opponent or to solve a more complex problem. Is able to create or their own unique and interesting sequence of accurate movements in time to music or other performers.</p>	<p>Is able to observe a complex situation or skill, identify a specific area for improvement or problem and often suggest possible solutions to peers and the whole class.</p> <p>Is able to often organise their own thoughts and ideas to develop more advanced strategies and tactics to outwit and opponent or to solve a more complex problem.</p> <p>Is able to often create or their own unique and interesting sequence of accurate movements in time to music or other performers.</p>	<p>Is able to observe a complex situation or skill, identify a specific area for improvement or problem and is able to suggest possible solutions to peers and the whole class.</p> <p>Is able to organise their own thoughts and ideas to develop more advanced strategies and tactics to outwit and opponent or to solve a more complex problem.</p> <p>Is able to create or their own unique and interesting sequence of accurate movements in time to music or other performers.</p>