

Contemporary Issues in Sport



Paper content:

- Emergence & Evolution of Sport
- Sport in the Twenty-First Century
- Global Sporting Events
- Ethics & Deviance in Sport
- Commercialisation & Media
- Routes to Sporting Excellence in the UK
- Modern Technology in Sport

Mr Wing

Level 2 to A level PE bridging work.

Task 1

Research the methods of improving performance and complete the table below.

	Intended purpose	Possible physical or psychological side effects	Athlete case study of who has been caught, why they took it and when.
Anabolic steroids			
Erythropoietin (EPO)			
Human Growth Hormone (HG)			
Blood doping			

Whilst there are many physical and psychological impacts of taking illegally enhancing performance there are also many wider impacts on both the athlete and on wider sport. Complete your own research to identify what these wider impacts might be and complete the table below.

Consequences of illegally enhancing performance on the performer (none physical/psychological)	Consequences of illegally enhancing performance on sport.

There are many different examples of athletes who have taken performance enhancing drugs in the past. If you have access to Netflix there is currently a fantastic film currently on there called "Icarus" which is definitely worth watching (age rated 15). <https://www.netflix.com/gb/title/80168079>

Research and identify who is responsible for identifying what is an "illegal" performance enhancing drug in sport and identify who and how this is then enforced and monitored.

Name below some of the groups of people who are responsible for identifying and trying to prevent athletes from using performance enhancing drugs in sport.

Explain how this group decides if a drug is an illegal performance enhancer or if it should be allowed

Explain why this group has not been able to completely eliminate the use of performance enhancing drugs

Give ideas of things you think should be done to further reduce the number of athletes who use illegal performance enhancing methods

