## Montsaye Cadets Uniform Sizing Guide

The British Army is fully metric in their uniform measurements all sizes are in centimetres. You may see sizes like 180/96 in jackets or tunics or 80/80/96 in trousers or full fitting dress uniforms.

JACKETS / SHIRTS /SMOCKS: A size like $190 / 112$ is read as 190 cm height 112 cm chest
TROUSERS: A size like $80 / 88 / 104$ is read as 80 cm leg 88 cm waist 104 cm seat

|  | Head: Measure around the Head approx. 1 <br> inch above the eyebrows. |
| :--- | :--- |
| Chest/Bust: Measure over clothing to be <br> worn. Measure around the fullest part of the <br> chest or bust, under arms and around <br> shoulder blades. Keep tape straight and <br> level. |  |
| Waist: Measure around natural waist line <br> above hip bones. Do not hold your breath. |  |
| Hips: Measure around the fullest part of the <br> hips. |  |
| Inseam: Measure from the base of the crotch <br> seam to the floor with no shoes worn. |  |

Name:
Date of Birth: $\qquad$
Height: $\qquad$ cm

Chest/Bust: $\qquad$ Cm

Inside Leg: $\qquad$ cm

Waist: $\qquad$ Cm

Hips: $\qquad$ cm

Head: $\qquad$ cm

Shoe Size: $\qquad$ UK

CCF USE
Date Demanded: $\qquad$ Replen Number: $\qquad$
Date Receipted: $\qquad$ Date Issued: $\qquad$

