

# Break

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## THE BAKERY

CROISSANTS

SWEET WAFFLES

PRETZELS

DOUGHNUTS

CROISSANTS

## PLANT BASED

SPICY WEDGES

HASH BROWNS

POTATO WAFFLES

GARLIC BREAD

CHEESE & TOMATO  
TWIST

## HOT BREADS & SLICES

HAM & CHEESE WRAPS

SAUSAGE ROLL

PIZZA MELTS

BACON ROLL

CHEESE & BACON SKINS

## HOT BREADS & SLICES

CHEESE & BEAN WRAPS

BBQ CHICKEN WRAPS

PEPPERONI & CHEESE  
WRAPS

CHEESE & TOMATO  
WRAPS

BBQ SAUSAGE & BEAN  
WRAPS

## ON THE SIDE

GRAB AND GO  
SELECTION

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SELECTION

## SALADS

SELECTION OF FRUIT  
& DESSERT POTS

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Fresh  
Fruit



Fresh  
Smoothie