

# Lunch Week 1



All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

## Main Meal

Chicken Burger Served  
With Wedges And Baked  
Beans

## Plant Based / Vegetarian Meal

Vegetable Burger Served  
With Wedges And Baked  
Beans

## Street Food

Cajun Chicken Flatbread  
with Mixed Veg

## Takeaway Tubs

Mac 'N' Cheese (V)

## Pizza Slice

Margherita (V) Or  
Pepperoni

## Jacket Potato

Available Daily With A  
Range Of Delicious Fillings  
To Choose From

## Desserts

Selection Of Biscuits And  
Cakes

## Tuesday

Mild Chili Con Carne  
Served On A Bed Of Rice

Mild Vegetarian Chili Con  
Carne Served On A Bed Of  
Rice

Piri Piri Chicken Wrap

Pasta Pomodoro (V)

Margherita (V) Or Cajun  
Chicken Pizza

Available Daily With A  
Range Of Delicious Fillings  
To Choose From

Selection Of Biscuits And  
Cakes

## Wednesday

Roast Gammon Served  
With Roast Potatoes And  
Vegetables

Broccoli Bake Served With  
Roast Potatoes And  
Vegetables

Asian Noodle Pot

Tomato and basil pasta (V)

Margherita (V) Or Cheese  
And Ham

Available Daily With A  
Range Of Delicious Fillings  
To Choose From

Selection Of Biscuits And  
Cakes

## Thursday

Chicken Tikka Served On A  
Bed Of Rice

Vegetarian Curry Served  
On A Bed Of Rice

Korean Chicken Wrap

Meatball Arrabbiata

Margherita (V) Or  
Pepperoni & Jalapeno

Available Daily With A  
Range Of Delicious Fillings  
To Choose From

Selection Of Biscuits And  
Cakes

## Friday

Fish And Chips Served  
With Peas or Beans

Vegetarian Sausage  
and Chips served  
with Peas or Beans

Jerk Chicken With Rice And  
Peas

Tomato And Mascarpone  
Pasta (V)

Margherita (V) Or  
Pepperoni

Available Daily With A  
Range Of Delicious Fillings  
To Choose From

Selection Of Biscuits And  
Cakes



## Meal Deal

Main Meal  
with vegetables  
and dessert



+



+



## £2.55

All of our main meals, sandwiches  
& desserts are freshly made  
on site every day.





# Lunch Week 2



All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

## Main Meal

Cajun Chicken Flatbread  
Served With Wedges And  
Beans

Beef Lasagna Served With  
Salad

Roast Pork Served With  
Roast Potatoes And  
Vegetables

Mild Chicken Curry Served  
With Rice

Fish Fingers And Chips  
Served With Peas or Beans

## Plant Based / Vegetarian Meal

Falafel Pitta Served With  
Served And Garlic  
Mayonnaise

Vegetarian Lasagne  
Served With Salad

Vegetarian Sausage  
Served With Roast  
Potatoes And Vegetables

Vegetable And Lentil Curry  
Served With Rice

Vegetarian Sausage  
and Chips served  
with Peas or Beans

## Street Food

Chilli Beef Taco's

Mexican Chicken Wrap

BBQ Chicken And  
Cheese Wrap

Spring Roll (V)

Piri Piri Chicken Quesadilla

## Takeaway Tubs

Mac 'N' Cheese (V)

Pasta Pomodoro (V)

Tomato and basil pasta (V)

Meatball Arrabbiata

Tomato And Mascarpone  
Pasta (V)

## Pizza Slice

Margherita (V) Or  
Pepperoni

Margherita (V) Or Cajun  
Chicken Pizza

Margherita (V) Or Cheese  
And Ham

Margherita (V) Or  
Pepperoni & Jalapeno

Margherita (V) Or  
Pepperoni

## Jacket Potato

Available Daily With A  
Range Of Delicious Fillings  
To Choose From

Available Daily With A  
Range Of Delicious Fillings  
To Choose From

Available Daily With A  
Range Of Delicious Fillings  
To Choose From

Available Daily With A  
Range Of Delicious Fillings  
To Choose From

Available Daily With A  
Range Of Delicious Fillings  
To Choose From

## Desserts

Selection Of Biscuits And  
Cakes

Selection Of Biscuits And  
Cakes

Selection Of Biscuits And  
Cakes

Selection Of Biscuits And  
Cakes

Selection Of Biscuits And  
Cakes



## Meal Deal

Main Meal  
with vegetables  
and dessert



+



+



## £2.55

All of our main meals, sandwiches  
& desserts are freshly made  
on site every day.





# Lunch Week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.



## Main Meal

## Plant Based / Vegetarian Meal

## Street Food

## Takeaway Tubs

## Pizza Slice

## Jacket Potato

## Desserts

### Monday

Beef Burger Served With Seasoned Wedges

Quorn Burger Served With Seasoned Wedges

Chinese Chicken And Asian Slaw Wrap

Mac 'N' Cheese (V)

Margherita (V) Or Pepperoni

Available Daily With A Range Of Delicious Fillings To Choose From

Selection Of Biscuits And Cakes

### Tuesday

Cottage Pie Served With Seasonal Vegetables

Vegetarian Cottage Pie Served With Seasonal Vegetables

Jerk Chicken And Rice

Pasta Pomodoro (V)

Margherita (V) Or Cajun Chicken Pizza

Available Daily With A Range Of Delicious Fillings To Choose From

Selection Of Biscuits And Cakes

### Wednesday

Roast Turkey Served With Roast Potatoes And Vegetables

Roast Quorn Served With Roast Potatoes And Vegetables

Greek Style Flatbread With Salad

Tomato and basil pasta (V)

Margherita (V) Or Cheese And Ham

Available Daily With A Range Of Delicious Fillings To Choose From

Selection Of Biscuits And Cakes

### Thursday

Mild Mild Chicken Madras Served With Rice

Vegetable Stir Fry With Noodles

Beef Burritos with Salad

Meatball Arrabbiata

Margherita (V) Or Pepperoni & Jalapeno

Available Daily With A Range Of Delicious Fillings To Choose From

Selection Of Biscuits And Cakes

### Friday

Battered Fish and Chips served With Peas Or Beans

Vegetarian Hotdog And Chips Served With Peas Or Beans

Curried Chicken Burritos

Tomato And Mascarpone Pasta (V)

Margherita (V) Or Pepperoni

Available Daily With A Range Of Delicious Fillings To Choose From

Selection Of Biscuits And Cakes



## Meal Deal

Main Meal with vegetables and dessert



+



+



## £2.55

All of our main meals, sandwiches & desserts are freshly made on site every day.

