



KS3 Homework Tasks Food Technology



Fake away

Select your favourite dish and cook the fake away at home.
Then compare your fake away to the restaurant/take away version.

Consider:

- The different cooking methods
- The health differences
- The cost differences
- The taste differences (ask your family for opinions and feedback)

Email your photos and work.

<https://www.pizzaexpress.com/homemade-favourites>

<https://www.bbcgoodfood.com/recipes/chicken-tikka-masala>



Celebration cake

Create a cake/s (big or small) that you could present for a celebration (of your choice)

Submit a photo of the cake, you making the cake and the inside of the cake.
Use these recipes, try a new recipe or use a family favourite.

<https://www.bbcgoodfood.com/recipes/classic-victoria-sandwich-recipe>

<https://www.bbcgoodfood.com/recipes/easy-chocolate-cake>



International Cuisine

You are being asked to explore and gain knowledge of **two** contrasting international countries e.g. England and India or Italy and China.

For **both** of your chosen countries you need to include information on:

- How history has influenced what your countries eat.
- How the climate and landscape (Geography) has influenced what foods are grown and reared. From this information list some distinctive ingredients commonly eaten.
- What are the staple foods from your country?
- List sweet and savoury signature dishes
- How many meals are eaten in a day? How are these meals structured? E.g. Starter, Main & Dessert.
- Describe any specific presentation or serving techniques used for these dishes. E.g. Balti Dish for serving curry that would be accompanied with a Naan Bread and rice.
- How have traditional recipes been developed to suit changing nutritional/healthy guidelines, new foods and new cooking methods and equipment?
- You could make dishes from each of these countries providing photographic evidence of the dishes you have made.