

GCSE PE at Montsaye

Overview:

The aim of the GCSE PE is to inspire learners to learn about the science behind what makes a successful athlete in addition to wider factors around participation in sport and physical activity. This course involves study in the classroom, coursework and taking part in a range of competitive sports. The main topics covered in the classroom include;

- Physical factors affecting performance in sport.
- Social factors affecting participation in sport.
- Psychological factors effecting sport.

Learners will develop skills and techniques which can then be applied to a broad range of careers in the sports and physical activity industry. Students should enjoy taking part in sport and be taking part in at least one sport competitively either for a school team or outside of school on a regular basis to support the practical element of this course.

Intent:

The Physical Education department at Montsaye Academy aims to develop lifelong participators in sport and physical activity in addition to providing students with the opportunities to pursue further study of this topic area at sixth form, college and university. This course allows students to develop a wide range of transferable skills including independent research, teamwork, problem solving, leadership, communication skills, organisation skills and sports specific skills and movement patterns through training and competitive game play.

Student Vision:

- To develop students as core and advanced skills across a range of competitive activities.
- To provide students with a key understanding and practical application of the underlying physical factors and how these can be improved through training, leading to successful performance.
- To provide students with a key understanding of a broad context of contemporary sporting areas.
- To provide students with an insight into how this subject is going to be useful in their chosen next steps in life
- To prepare students for independent life long learning and involvement in sport and physical activity.

Exam Board: OCR

Assessment Method: Exam (60%), Coursework (10%) and Practical Performance in competitive situations (30%)

For more information please speak to Mr Wing twing@montsaye.northants.sch.uk