

## GCSE PE Plan 4

Week	Classwork	Homework	Resources
1 17 <sup>th</sup> April	<p>Guidance and feedback Guidance: visual, verbal, manual and mechanical</p> <p>Feedback: positive, negative, intrinsic, extrinsic, knowledge of results and knowledge of performance, continuous, terminal, Application of knowledge to past paper questions</p> <p>Pro's and Con's of each method for different learners.</p>	<p>Use the "Year 11 – Term 3" knowledge organiser to revise the topics – Mental preparation, feedback and guidance. .</p> <p>Use the Seneca link to relearn the topic and to complete the questions. Answer the past paper exam questions on the knowledge organisers without looking at the answers / notes/ internet.</p> <p>Now use a green pen and the knowledge organiser to mark and improve your answers.</p>	<p><a href="#">Year 11 - Term 3 - Mental preparation, feedback and guidance.pdf</a></p> <p><a href="#">Seneca link: Guidance and feedback</a></p> <p><b>Optional past paper:</b> <a href="#">November 2020</a> – Paper 1 and Mark Scheme to self mark.</p>
2 24 <sup>th</sup> April	<p>Definitions of health, fitness and well being.</p> <p>Consequences of a sedentary lifestyle. CHD, obesity, type 2 diabetes, and the benefits of exercise in preventing these. Diet and Nutrition.</p> <p>Application to sporting examples for diet.</p> <p>Application of knowledge to past paper questions</p>	<p>Use the "Year 11 – Term 3" knowledge organiser to revise the topics – Mental preparation, feedback and guidance.</p> <p>Use the Seneca link to relearn the topic and to complete the questions. Answer the past paper exam questions on the knowledge organisers without looking at the answers / notes/ internet.</p> <p>Now use a green pen and the knowledge organiser to mark and improve your answers.</p>	<p><a href="#">Year 11 - Term 1 - Health fitness and well-being - Sedentary lifestyle.pdf</a></p> <p><a href="#">Seneca link - Consequences of a sedentary lifestyle</a></p> <p><a href="#">November 2020</a> – Paper 2 and Mark Scheme to self mark.</p>
3 1 <sup>st</sup> May	<p>Commercialisation of sport.</p> <p>The golden triangle – sport, media and sponsorship.</p> <p>Different types of media coverage in the 21<sup>st</sup> century.</p>	<p>Use the "Year 10 – Term 6" knowledge organiser to revise the topics – Commercialisation, diet and nutrition.</p> <p>Use the Seneca link to relearn the topic and to complete the questions.</p>	<p><a href="#">Year 10 - Term 6 - Commercialisation and diet and nutrition updated.pdf</a></p> <p><a href="#">Seneca learning link = Commercialisation</a></p>

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	<p>Different types of sponsorship in sport.</p> <p>Positives and negatives of commercialisation of sport for sponsors, athletes, the sport and the spectators.</p> <p>Application of knowledge to past paper questions</p>	<p>Answer the past paper exam questions on the knowledge organisers without looking at the answers / notes/ internet.</p> <p>Now use a green pen and the knowledge organiser to mark and improve your answers.</p>	<p>Optional past paper:  <a href="#">November 2021</a> – Paper 1 and Mark Scheme to self assess</p>
4 8 <sup>th</sup> May	Revision as identified from RAG sheets + Practise questions.		<p>Optional past paper:  <a href="#">November 2021</a> – Paper 2 and Mark Scheme to self assess</p>
Preparation for exams, to include all revision sessions			