

Youth Works – Emotional Wellbeing and Mental Health Support During The Covid 19 Lockdown

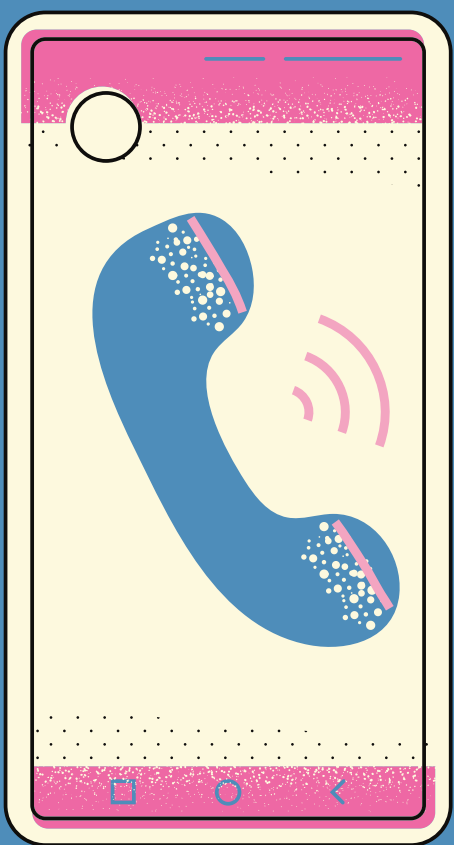
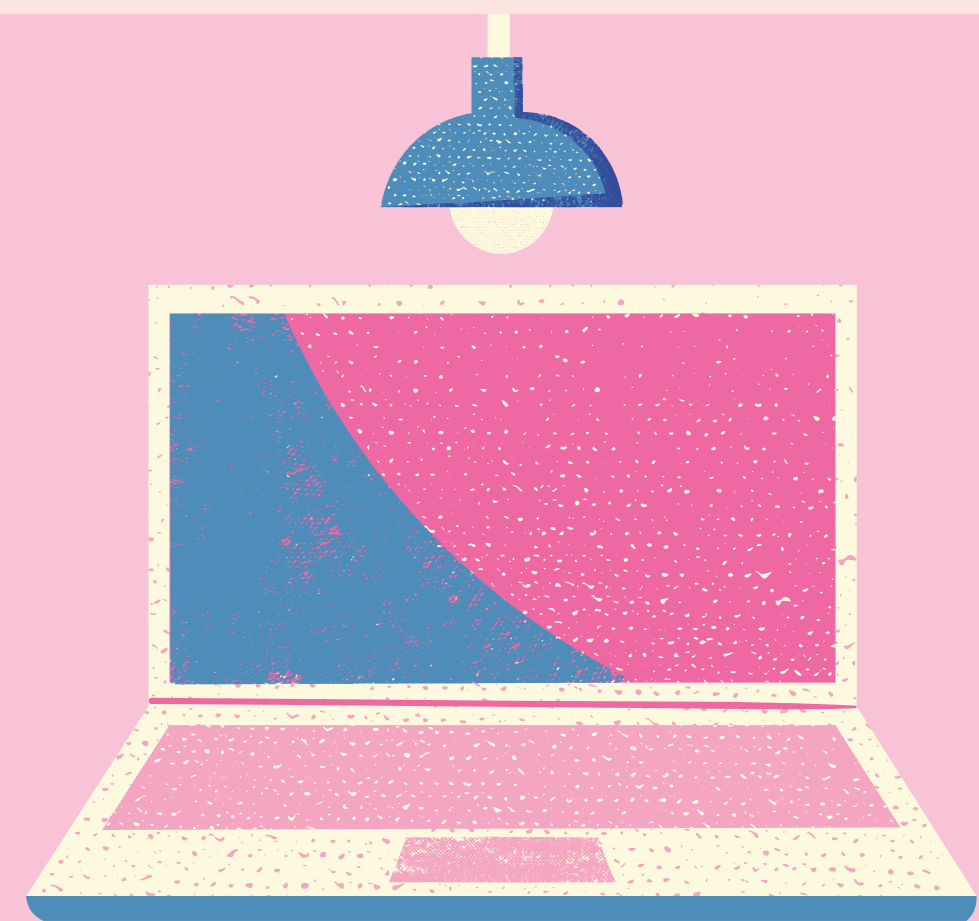
We are working hard to continue to operate during the current lockdown. We have had to alter the way we run our services to ensure the safety of all those involved. We are still taking referrals for counselling and offering a variety of support services for young people, parents and carers. We are still here for you.

On Line:

You can make a referral for counselling for a young person (ages 10-18) online via our website:

www.youthworksnorthamptonshire.org.uk. During the lockdown, counselling sessions and assessments will be conducted on line or over the phone.

We also have an emotional support live chat available on our Facebook and Instagram pages between 5-7pm Monday and Tuesday evenings.



By Phone:

Young people, parents and carers can call for support, advice and practical ideas to manage your mental health and wellbeing.

You can call 01536 518339 between 9am – 5pm, Monday to Friday. We will either speak to you directly or arrange a time to call you back.

In addition, you can call between 5-7pm Monday and Tuesday on the same number. We will have counsellors and advisors available to give advice and support.

Face to Face:

The only face to face service we are still running is the Crisis Cafe Drop-In which is open on Thursdays 4-8pm. This service is for young people aged 10-18 who are approaching crisis point. Please call first where possible on 01536 518339.



www.youthworksnorthamptonshire.org.uk

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