MONTSAYE LUNCH MENU WEEK 1

MONDAY

MAIN MEAL

SPAGHETTI WITH A RICH BOLOGANISE SAUCE

SERVED WITH SIDE SALAD AND SWEETCORN

£1.605

VEGETARIAN

SPICY RICE STUFFED PEPPER WITH SIDE

SALAD

£1.65

SNACK

GOLDEN BEEF AND VEGETABLE PASTY

£1.30

DESSERT

CREAMY RICE PUDDIGN WITH JAM SAUCE

65P

TUESDAY

MAIN MEAL

STICKY LEMON CHICKEN AND CHILLI WITH EGG NOODLES

£1.65

VEGETARIAN

TOMATO AND BASIL PASTA BAKE

£1.20

SNACK

CHICKEN FILLET IN A FLOURED BUN WITH SALAD

£1.45

DESSERT

CHOCOLATE AND ORANGE SPONGE WITH CHOCOLATE SAUCE

65P

WEDNESDAY

MAIN MEAL

TRADITIONAL ROAST CHICKEN WITH STUFFING ROAST POTATOES , FRESH VEGETABLES AND GRAVY

£1.65

VEGETARIAN

CREAMY MACARONI CHEESE

£1.20

SNACK

CHICKEN CURRY AND RICE BURRITO

£1.45

DESSERT

OATY APPLE CRUMBLE WITH CUSTARD

65P

THURSDAY

MAIN MEAL

MINCED BEEF LASAGNE WITH NEW POTATOES AND MIXED SALAD

£1.65

VEGETARIAN

CHUNKY VEGETABLE TAGINE WITH VEGETABLE STUDDED COUS COUS

£1.65

SNACK

CHICKEN ENCHLADA WITH SALSA SAUCE

£1.45

DESSERT

ICED CARROT CAKE

65P

FRIDAY

MAIN MEAL

CATCH OF THE DAY OVEN BAKED

£1.65

VEGETARIAN

FRENCH BREAD PIZZA

£1.05

SNACK

CHUNKY CHIPS

£1.05

DESSERT

FRUIT YOGHURT

65P

FOOD HYGIENE RATING

0 1 2 3 4 5

VERY GOOD

WE ALSO OFFER A FRESHLY PREPARED SELECTION OF ROLLS, SANDWICHES, WRAPS AND A FULL SALAD AND FRUIT POTS.

SOME ITEMS MAY BE SUBJECT TO CHANGE FOR REASONS OUT OF OUR CONTROL.

Montsaye Academy

Education In Partnership

MONTSAYE LUNCH MENU WEEK 2

MONDAY

MAIN MEAL

ITALIAN MEATBALLS IN A RICH TOMATO SAUCE WITH PENNE PASTA AND SWEETCORN

£1.65

VEGETARIAN

VEGETABLE LASAGNE SWEETCORN AND MIXED SALAD

£1.65

SNACK

PEPPERONI PIZZA SLICE

£1.05

DESSERT

OATY FRUIT CRUMBLE WITH CUSTARD

65P

TUESDAY

MAIN MEAL

HUNTERS CHICKEN WITH POTATO WEDGES AND GARDEN PEAS

£1.65

VEGETARIAN

QUORN AND VEGETABLE STIR FRY WITH EGG NOODLES

£1.65

SNACK

HOT PANINI SELECTION

£1.45

DESSERT

STICKY TOFFEE PUDDING WITH CUSTARD

65P

WEDNESDAY

MAIN MEAL

TRADITIONAL ROAST BEEF WITH YORKISHIE PUDDING ROAST POTATOES AND FRESH VEGETABLE SELECTION

£1.65

VEGETARIAN

CHEESE POTATO AND TOMATO PIE WITH VEGETABLES £1.60

SNACK

SPICY CHICKEN AND CHORIZO JAMBALYA

£1.45

DESSERT

GOOEY CHOCOLATE PUDDING WITH CHOCOLATE SAUCE

65P

THURSDAY

MAIN MEAL

CREAMY CHICKEN CURRY WITH RICE AND MANGO CHUTNEY

£1.65

VEGETARIAN

MOZZERELLA ONION AND BASIL QUICHE WITH NEW POTATOES SIDE SALAD AND GARDEN PEAS

£1.65

SNACK

GOLDEN SAUSAGE ROLL

£1.05

DESSERT

BANANA SPONGE WITH CUSTARD

65P

FRIDAY

MAIN MEAL

HEALTHY CRUMB COD FILLET SERVED WITH CHIPS AND MUSHY PEAS

£1.65

VEGETARIAN

CHEESE AND ONION PASTY

£1.05

SNACK

CHUNKY CHIPS

£1.05

DESSERT

FRUIT YOGHURT

65P

FOOD HYGIENE RATING 0 1 2 3 4 5 VERY GOOD

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MONTSAYE LUNCH MENU WEEK 3

MONDAY

MAIN MEAL

SPICY CHICKEN TIKKA WITH RICE AND MANGO CHUTNEY

£1.65

VEGETARIAN

SPICY VEGETABLE CHILLI WITH RICE AND NACHOS

1.65

SNACK

CHEESE AND TOMATO PIZZA SLICE

£1.05

DESSERT

SYRUP SPONGE WITH CUSTARD

65P

TUESDAY

MAIN MEAL

SPICY BEEF CHILLI CON CARNE WITH RICE AND NACHO'S

£1.65

VEGETARIAN

VEGETABLE SPRING ROLLS WITH RICE AND SWEET & SOUR SAUCE

£1.65

SNACK

BEEF BURGER IN A BUN WITH SALAD

£1.25

DESSERT

CHOCOLATE BROWNIE WITH CHOCOLATE CUSTARD

65P

WEDNESDAY

MAIN MEAL

SLOW ROASTED PORK WITH STUFFING ROAST POTATOES , FRESH VEGETABLE SELECTION AND CRACKING

£1.65

VEGETARIAN

BUTTERNUT SQUASH AND PARMESAN

RISOTTO WITH SIDE S ALAD

£1.65

SNACK

BBQ MARINATED CHICKEN LEG

£1.25

DESSERT

APPLE CRUMBE CAKE WITH CUSTARD

65P

THURSDAY

MAIN MEAL

JUMBO YORKSHIRE WITH SAUSAGE AND MASH FRESH CARROTS AND GRAVY

£1.65

VEGETARIAN

THAI GREEN VEGETABLE CURRY SERVED WITH RICE

£1.65

SNACK

SPICY BAKED CAJUN CHICKEN WRAP

£1.45

DESSERT

FRUIT CRUMBLE WITH CUSTARD

65P

FRIDAY

MAIN MEAL

HEALTHY CRUMB POLLOCK SERVED WITH CHIPS AND MUSHY PEAS

£1.65

VEGETARIAN

TOMATO AND GARLIC PASTA

£1.20

SNACK

CHUNKY CHIPS

£1.05

DESSERT

FRUIT YOGHURT

65P

FOOD HYGIENE RATING 0 1 2 3 4 5 VERY GOOD

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