

Wednesday 7th July 2021

Dear Parent/Carer,

Year 9 ERA day

On Friday 16th July Year 9 will be participating in their first ERA day of the academic year. They will be expected to wear their normal school uniform on ERA day.

Our ERA days are unique to Montsaye and help students develop the skills of Excellence, Resilience and Aspiration. Year 9 will be undertaking a range of activities designed to build physical, mental and emotional skills and prepare them for the varied challenges they face as they move to Year 10.

We believe that promoting the health and well-being of our pupils is an important part of our students' overall education. Currently, there is a vast amount of information about relationships and sex on the internet, on TV and in magazines which children and young people are exposed to. This can sometimes make an already confusing time seem even more complicated. If students are provided with timely and age appropriate information about their bodies and relationships, they can make their transition into adulthood with the confidence and knowledge to understand what is happening to them, and hopefully grow into confident and healthy adults able to make positive choices.

As part of the school's Personal, Social, Health and Economic (PSHE) Education programme, your child will receive lessons on Relationships and Sex Education (RSE) during the upcoming ERA day. These will be delivered in two ways. Firstly, there will be a performance from one of our trusted PSHE partners Loudmouth Productions. There will then also be a workshop activity from a PSHE specialist about relationships and consent where students will be able to explore the issues in greater depth. We also have members of the school's own pastoral team speaking to students about sexual health. Parents can withdraw their children from all or part of sex education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from the lessons on sexual health and safe relationships please inform the pastoral team by emailing Mrs Long on llong@montsaye.northants.sch.uk.

In addition to the SRE sessions, there will be sessions on good finance, samba drums and mental health. Students will also have the chance to experience a team building challenge organised by our sixth form cadets, which will put their physical and communication skills to the test.

We would like to remind you that Year 9 will have their **sports day on Friday 9th July**. The weather looks set to be warm therefore students will require sun cream and water bottles for sports day as well as lots of enthusiasm to support their forms on the day. They will be required to wear their full Montsaye PE kit on the 9th.

Please contact the school prior to the event if you have any queries about any aspect of the day. We look forward to delivering an informative, engaging day for the Year 9 students.

Yours sincerely,



Emma Lopes, SMSC Lead



Jane Cooper, Year 9 Progress Leader