

Dear Parent/Carer,

**Year 8 ERA Day**

On Friday 4th November, Year 8 will be participating in their first Montsaye ERA Day of the new academic year.

**Key information**

- The day starts at 8.40am and ends at 3.00pm as usual.
- Students will be in normal school uniform on this day.
- Bring a pencil case, lunch, bus pass etc as usual. No need for exercise books or DEAR book.

We are proud of our unique ERA days which support students' development of Excellence, Resilience and Aspiration. It is so important, now as much as ever, that we are preparing our students for the varied challenges they face.

We believe that promoting the health and well-being of our pupils is an important part of our students' overall education. Our key message this ERA day will be on being kind and on helping eradicate unkind behaviour in our community. We will be supported in delivering this message by the Takeaway Theatre company who will be performing the play 'Hope'. 'Hope' is the story of a beautiful and successful pop star returning to the town where she grew up for the first time in years. A chance encounter between her and an old school acquaintance brings back painful memories of her childhood and the systematic abuse and bullying she suffered at the hands of a classmate. It is a story of courage, self-empowerment and redemption. This directly links with our newly introduced ERA habits: Courage, Empathy and Respect.

In addition, Year 8s will be undertaking a range of activities designed to build emotional resilience, consider their career aspirations and develop their confidence to challenge unwanted behaviours. There will be a reflection Q and A task, a PSHE session on 'Banter vs Bullying' as well as a deeper exploration of how to be an upstander which leads on directly from the morning's play. There will also be some key online safety messages about detecting fraud.

The forms will spend most, or all, of the day with their tutor, building a deeper relationship with this key member of staff, as well as creating closer friendships within their form group. Our ERA days are always days to remember and are an important part of our students' development into adulthood. We look forward to delivering an informative, engaging day for the year 8 students.

Thank you for your support so far this year. Do get in touch if you have any questions.

Yours sincerely,



Emma Lopes, Strategic Lead for SMSC and Mrs Cooper, Year 8 Progress Leader