

Montsaye ACADEMY

Excellence Resilience Aspiration

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Principal: Mrs Meena Gabbi
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Dear Parent/Carer,

26th February 2020

On Friday 6th March Year 9 students will be participating in their first ERA day of the academic year. ERA days are unique to Montsaye and aim to develop our core school values of Excellence, Resilience and Aspiration. The Year 9 ERA day this year will be the culmination of three days of events designed to help support our Year 9s as they navigate the GCSE options process.

In a matter of months, Year 9 student will have begun their GCSEs and the reality of the choices they are making now will be upon them. In addition to sessions specifically addressing the options process and this crucial crossroads in our students' lives, they will be undertaking a range of activities on ERA day designed to build the physical, mental and emotional skills necessary to prepare them for the varied challenges they face academically, online, within friendships and relationships and with their overall wellbeing.

At Montsaye Academy we believe that promoting the health and well-being of our pupils is an important part of our students' overall education. Currently, there is a vast amount of information about relationships and sex on the internet, on TV, in magazines, which children and young people are exposed to. This can sometimes make an already confusing time seem even more complicated. If students are provided with timely and age appropriate information about their bodies and relationships, they can make their transition into adulthood with the confidence and knowledge to understand what is happening to them, and hopefully grow into confident and healthy adults able to make positive choices.

As part of the school's Personal, Social, Health and Economic (PSHE) Education programme, your child will receive a talk on Relationships and Sex Education (RSE) during the upcoming ERA day. This will be delivered by Beccy Nettleton from Amplifyouth and she will provide information and advice about relationships and sexual health. In addition there will be a powerful performance and workshop about the dangers of child exploitation by renowned theatre company Loudmouth productions. Parents can withdraw their children from all or part of sex education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from the lessons on sexual health and safe relationships please inform the pastoral team by emailing Mrs Walters-Morgan on awmorgan@montsaye.northants.sch.uk.

Finally, on a practical note, students will need writing equipment as usual and should come to school in full school uniform as normal. No need to bring PE kit on this occasion.

We look forward to delivering an informative, engaging day for the Year 9 students. Do look out for updates throughout the day on our twitter and Facebook pages.

Please contact the school prior to the event if you have any queries about any aspect of the day.

Yours sincerely,

Emma Lopes, SMSC Lead and Francesca Malins, Year 9 Progress Leader

