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Dear Parent/Carer,

Telephone: 01536 418844 Greening Road, Rothwell, Kettering, Northants, NN14 6BB



12 January 2024

On Wednesday 17th January, Year 8s will be participating in their first Montsaye ERA Day of the new academic year. This follows the postponement of the event before Christmas. Fortunately, we have been able to reschedule all of the original events for our new date this Wednesday.

Key information

The day starts at 8.35 and ends at 3.00 as usual. Students will be in <u>normal school uniform</u> on this day. Bring a pencil case, lunch, bus pass etc as usual. No need for exercise books or DEAR book.

Our ERA days are unique to Montsaye and help students develop the skills of Excellence, Resilience and Aspiration. It is important to us, now more than ever, that we are supporting families in preparing our students for the varied challenges they face in the world beyond school. This time, Year 8s will be undertaking a range of activities designed to build emotional resilience, tools for wellbeing, career aspirations and the skills needed to work together as a team.

As part of the school's Personal, Social, Health and Economic (PSHE) Education programme, your child will experience a performance of 'Hope' and a supporting workshop delivered by the Takeaway Theatre Company. This performance is a contemporary and powerful production that combines music and drama. It tells the story of three young people who are all affected by bullying in different ways. As a part of the workshop, students will be made aware of strategies and support available to them both at Montsaye and beyond.

Students will also experience a range of activities including how to detect fraud online, Taskmaster team building activities with our Head of Drama, Mr Shea, developing communication and creativity; a crucial session on how to perform first aid skills including life-saving CPR (led by our CCF unit); anti-bullying training in how to be an upstander and a careers session exploring potential careers choices. The forms will spend most, or all of the day with their tutor, building a deeper relationship with this key member of staff, as well as creating closer friendships within their form group.

We are really looking forward to delivering an informative, engaging day for the year 8 students. Our ERA days are always days to remember and are a hugely important part of our students' development into adulthood.

Thank you for your support so far this year. Do get in touch if you have any questions.

Yours sincerely,

Beschopen

N. Edney

Emma Lopes, SMSC Lead and Mrs Edney, Year 7 Progress Leader



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