

17th January 2020

Dear Parent/Carer,

On Friday 24th January, Year 7 will be participating in their first ERA day of the academic year. Our ERA days are unique to Montsaye and help students develop the skills of Excellence, Resilience and Aspiration. In order to achieve this, instead of their normal timetable, Year 7s will be undertaking a range of activities designed to build physical, mental and emotional skills and prepare them for the challenges they face now they have transitioned to secondary school.

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this in a range of ways. A main focus of this ERA day is e-safety and student welfare. We have invited Loudmouth productions in for the day. They will perform the educational play 'My mate fancies you'. This is a funny, appropriate and well researched production, exploring how the characters' different friendships and relationships change throughout the play. Issues covered in the play and subsequent workshop include the challenges of transition to secondary school, puberty, family life and friendships. In addition to the Loudmouth workshop we have Beccy from Amplifyouth in to discuss e-safety with the students. She will be giving information and guidance on navigating the online world safely.

Students will also be involved in a range of activities including a fun orienteering game organised by our PE department, yoga, further e-safety training and mindfulness.

They will wear normal school uniform for the day. However, they should bring their PE kit for the PE activities as they normally would on a Friday. Students will also need their school bag with usual equipment as per the academy's expectations. They will not need their DEAR book on the ERA day.

We look forward to delivering an informative, engaging day for the year 7 students.

If you have any queries about any aspects of the day, please do not hesitate in contacting us at school.

Yours sincerely,

Emma Lopes, SMSC Lead & Claire Petchey, Year 7 Progress Leader

