

Montsaye ACADEMY

Excellence Resilience Aspiration

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25th January 2022

Dear parent/carer,



On Friday 28th January, Year 7 will be participating in their first ever Montsaye ERA Day. They will be in normal school uniform on this day.

Our ERA days are unique to Montsaye and help students develop the skills of Excellence, Resilience and Aspiration. This time, Year 7's will be undertaking a range of activities designed to build creative, mental and emotional skills and prepare them for the varied challenges they face.

Students will also experience a range of activities including e-safety, mental health, future aspirations, a craft activity and physical skills with Mr Siddons and, a team building activity attempting to build the tallest possible tower. The forms will spend most, or all of the day with their tutor, building a deeper relationship with this key member of staff, as well as creating closer friendships within their form group.

We believe that promoting the value of Resilience is crucial for our young people's success. We have learnt over the last two years how important it can be to adapt to changing circumstances and remain positive in the face of challenges. Therefore, we are privileged and excited this year to welcome X Factor competitors *He Says, She Says*. As well as performing, they will be talking to our Year 7's about their experiences facing real life challenges and how to improve mental health and wellbeing.

We look forward to delivering an informative, engaging day for the Year 7 students. Our ERA days are always days to remember and are an important part of our students' development into adulthood.

Thank you for your support so far this year. Do get in touch if you have any questions.

Yours sincerely,



Emma Lopes, SMSC Lead and Mrs Cooper, Year 7 Progress Leader