

Montsaye ACADEMY

Excellence Resilience Aspiration

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8th February 2023

Dear parent/carers,

On Thursday 9th February, year 7 will be participating in their first ever Montsaye ERA Day. They will be in normal school uniform on this day.

Our ERA days are unique to Montsaye and help students develop the skills of Excellence, Resilience and Aspiration. This time, Year 7s will be undertaking a range of activities designed to build creative, mental and emotional skills and prepare them for the varied challenges they face.

Students will be involved in activities including e-safety, mental health, a STEM building challenge, a craft activity and physical skills with Miss Lauder. The form groups will spend much of the day with their tutor, building a deeper relationship with this key member of staff, as well as creating closer friendships within their form group.

We believe that promoting the mental and physical health of our students is fundamental. Therefore, as part of our PSHE programme we are pleased to have been able to invite the Upfront Theatre Company into school. They will be performing 'In Harm's Way', a play which follows the friendship of three students over a 2 year period and explores mental health, coping mechanisms & emotional well-being. Through their separate struggles we explore the dangers, consequences and help available for some of these problems, followed by a 30 minute post-show lecture where the actors will pick through the main issues and identify any questions prompted by the story. These dramatic portrayals are a powerful way of teaching our students about safe, healthy ways of coping with the challenges of life, and where to find help if things are difficult. Mrs Walters-Morgan will be on hand throughout the day to support where needed as a key figure in the Year 7 pastoral team.

We look forward to delivering an informative, engaging day for the year 7 students. Our ERA days are always days to remember and are an important part of our students' development into adulthood.

Do get in touch if you have any questions.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Emma Lopes'.

Emma Lopes, SMSC Lead

A handwritten signature in black ink, appearing to read 'Mrs George'.

Mrs George, Year 7 Progress Leader

