



17<sup>th</sup> July 2023

Dear parent/carer,

On Thursday 20<sup>th</sup> July Year 10 will be participating in their second ERA day of the academic year. They will be in PE kit on the day.

I would also like to remind you that Year 10 will have their sports day on Friday 21<sup>st</sup> July. It looks set to be changeable weather, but we are hoping the showers pass us by. We will send a reminder nearer the time, but students will require sun cream and water bottles for sports day as well as a light coat in case of showers. They will also need lots of enthusiasm to support their forms on the day. They will of course be in full Montsaye PE kit on the 21<sup>st</sup> for Sports Day.

We have planned a full and varied day to cater to a range of needs as year 10 transition to year 11 and students will be undertaking a range of activities on ERA day designed to develop further their physical, mental and emotional skills as well as our values of Excellence, Resilience and Aspiration.

We believe that promoting the health and well-being of our pupils is an important part of our students' overall education. Currently, young people are exposed to many influences and inaccurate information. If students are provided with timely and age appropriate information about addiction and healthy choices, they can make their transition into adulthood with the confidence and accurate information, and hopefully grow into healthy adults able to make positive choices.

As part of the school's Personal, Social, Health and Economic (PSHE) Education programme, your child will participate in several workshops. The science department will be delivering two sessions. One is about vaping, providing key information which will support students in making safe choices and the other is about addiction and specifically the dangers associated with being online. There will be a session led by the English department which will explore key issues around relationships, equality and responsibility, linking to their set text *An Inspector Calls*. We will be delivering a film about Cancer prevention and early detection, ensuring our students have a good understanding of how to self-examine for their long-term physical health. Simon Aston will be visiting to discuss the use of phones for sending and receiving images, exploring in detail the law and the moral issues arising. Parents can withdraw their children from all or part of sex education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from the lessons on sexual health and safe relationships please inform the pastoral team by emailing Mrs Long on llong@montsaye.northants.sch.uk.

Students will go on to experience a full range of other workshops including a fun but informative finance game, a building challenge and a chance to play the Samba drums. Year 10 will have plenty to lighten the day, in between the serious and important messages.

After lunch, there is an informative talk with a representative from Tresham college and later we have a visit from up and coming Racing Driver, Lewis Appiagyei, fresh from the Goodwood Festival of Speed last weekend, talking about the importance of Resilience and Aspiration in his journey so far. Year 10 musicians will end the day with a rock music performance for the rest of their year group.

Do look out for updates throughout the day on our Twitter, Instagram and Facebook pages. Please contact the school prior to the event if you have any queries about any aspect of the day.

Yours sincerely,

Emma Lopes, SMSC Lead and Jon Roberts, Year 10 Progress  
Leader

Montsaye Academy is part of the Pathfinder Schools Trust