

14<sup>th</sup> January 2022

Dear Parent/Carer,

Self-isolation for those with COVID-19 can end after 5 full days following 2 negative LFD tests - GOV.UK ([www.gov.uk](http://www.gov.uk))

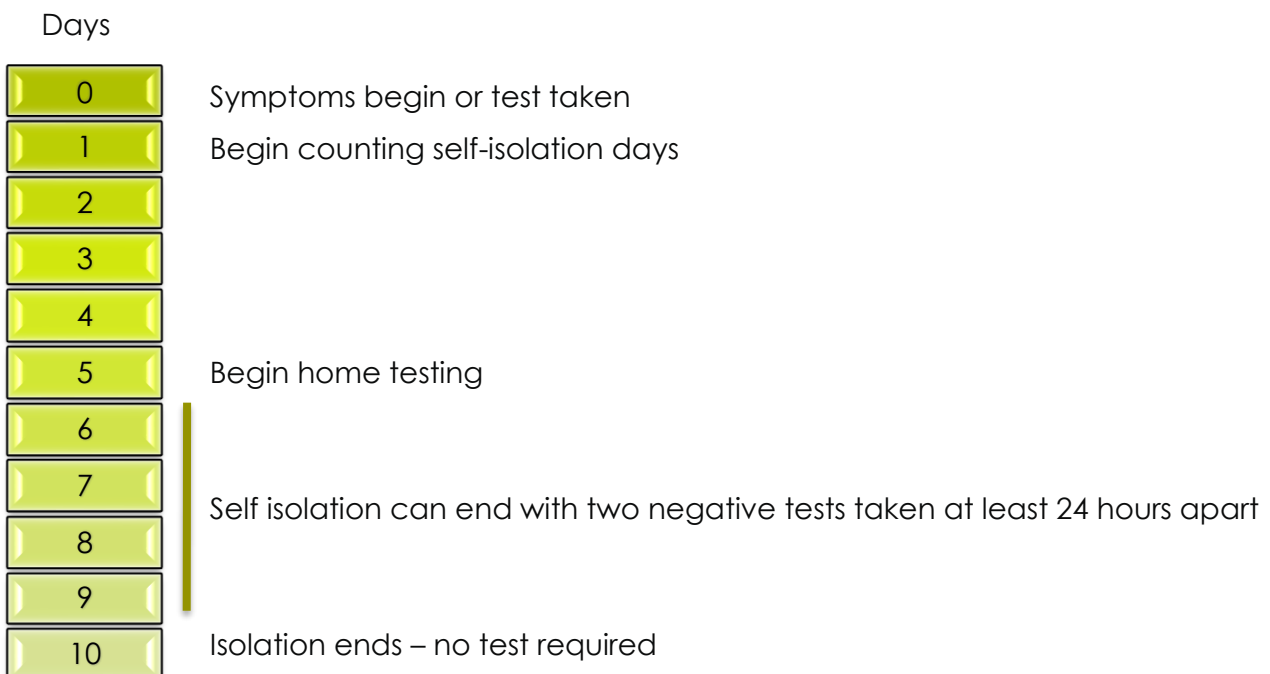
From Monday 17<sup>th</sup> January you will have the option to end self-isolation after 5 full days as long as you have had negative tests on day 5 and day 6 and do not have a temperature.

If you are still positive when taking a LFD you must stay in isolation until you have 2 consecutive negative tests taken on separate days. It's crucial that you wait until you have received these 2 negative tests to reduce the chance of still being infectious.

The first test must be taken no earlier than day 5 of the isolation period and the second the following day. If you are positive on day 5 then you will need to have a negative test day 6 and 7 before being released from isolation.

It is important that you report the 2 negative LFT on the government website [Report a COVID-19 rapid lateral flow test result - GOV.UK \(\[www.gov.uk\]\(http://www.gov.uk\)\)](https://www.gov.uk/report-a-covid-19-rapid-lateral-flow-test-result) before leaving isolation.

If you do not have 2 consecutive lateral flow tests or still have a high temperature you must continue to isolate for the full 10 days.



We thank you as always for working with us to minimise the spread of COVID 19. Please remember that every case of COVID in school, however mild, has the potential to impact on staffing, and staffing levels are crucial in order to ensure that all pupils continue to have face to face education in school every day.

Ann Davey, CEO Pathfinder Schools