

Friday 22nd January 2021

Montsaye Academy's #keepactive Challenge

We are excited to announce that from Monday 25th January to Friday 12th February, the PE department are running a #keepactive challenge. The challenge is to cover as far a distance as possible during this three week period.

There will be a team for each year group, sixth form, parents and carers and Montsaye staff. All you and your child need to do to take part, is to record how far you travel by *walking, running or cycling*. Teams will compete against each other to see who is keeping the most active. The information will be recorded on a Microsoft Teams form which Mr Wing has created. The form will be emailed out to everyone in due course.

There will be overall first, second and third placed teams, as well as ERA points for individual students who travel the furthest in each team. Look out for up-dates on our social media pages and in our regular bulletins.

Is your child considering joining our Sixth Form in September?

Please remember that the deadline for applications to our Sixth Form is Thursday 11 February 2021.

Week Commencing 1 st February	Live Student Led Q&A
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If you have any questions about our sixth form and post-16 options, please contact Mrs McNish at: lmcnish@montsaye.northants.sch.uk.

Year 11 Careers Advice

The careers provision for our Year 11 students is continuing even though we are not in school at the minute. Our careers advisor, Ian Doherty, who works for Prospects, had already met in person with sixty students prior to Christmas. He will be continuing this with careers telephone calls on a Monday and Tuesday whilst we are not in school. When we return, Ian will continue with the consultations on a face-to-face basis.

All Year 11 students will be offered a consultation but they can request to have one sooner if they so wish. Miss Pickering, our Year 11 progress leader, will be emailing students and texting their parents with a date and time over the coming weeks. Students are able to discuss future plans, including opportunities for sixth form and A-levels, apprenticeships and college places.

Wellbeing: Mental Health Support

YoungMinds is the UK's leading charity supporting children and young people's mental health.

They offer a wide variety of resources not only for young people but also for parents and families.

The [YoungMinds](https://www.youngminds.org.uk) website contains lots of useful information; they also have a [Facebook](https://www.facebook.com/youngminds) page which is regularly up-dated.

The organisation recently shared this graphic showing lots of places where help and support can be obtained if it is needed.

Under 25s	Over 25s	Parents
<p>YOUNGMINDS Crisis Messenger Text YM to 85258 Open 24/7</p>	<p>mind for better mental health Call 0300 123 3393 9am - 6pm, Mon - Fri</p>	<p>YOUNGMINDS Parents Helpline Call 0808 802 5544 9:30am - 4pm, Mon - Fri</p>
<p>THE MIX Call 0808 808 4994 3pm - 12am, every day</p>	<p>SAMARITANS Call 116 123 Open 24/7</p>	
<p>childline ONLINE, ON THE PHONE, ANYTIME Call 0800 1111 7:30am - 3:30am, every day</p>	<p>For more advice and information visit: youngminds.org.uk/find-help</p>	

Remote Learning: Top Tips

Please follow the link [Remote Learning](#) which will take you to some useful information and tips for students, parents and carers to help with remote learning.

Useful Academy Contact Information

The academy continues to be open for vulnerable children and those of key workers. Whilst the majority of our students may be all working at home, staff at Montsaye are contactable if needed. Remember to keep checking school emails for full up-dates over the coming weeks. Please see below for useful contact details:

<p>General enquiries</p>	<p>admin@montsaye.northants.sch.uk Or call 01536 418844 Messages are picked up daily.</p>
<p>Progress Leaders</p>	<p>Year 7: cpatchey@montsaye.northants.sch.uk Year 8: jdroberts@montsaye.northants.sch.uk Year 9: jcooper@montsaye.northants.sch.uk Year 10: fmalins@montsaye.northants.sch.uk Year 11: hpickering@montsaye.northants.sch.uk Sixth form: kjones@montsaye.northants.sch.uk</p>
<p>Student Welfare Officers</p>	<p>Year 7: ghowell@montsaye.northants.sch.uk Year 8: spatrick@montsaye.northants.sch.uk Year 9: llong@montsaye.northants.sch.uk Year 10: awmorgan@montsaye.northants.sch.uk Year 11: sking@montsaye.northants.sch.uk Sixth Form: lmcnish@montsaye.northants.sch.uk</p>
<p>SENCo</p>	<p>senco@montsaye.northants.sch.uk</p>
<p>All other staff</p>	<p>Initial + surname + @montsaye.northants.sch.uk Or follow this link to find all teachers and other staff listed. https://www.montsaye.northants.sch.uk/contact-us/key-contacts/</p>



Please remember to follow us on social media for regular academy up-dates.

Twitter feeds: @Montsaye, @montsayepe and @MontsayeSF

Please like our Facebook page for regular academy news up-dates.

